



YMCA

We build strong kids,
strong families, strong communities.

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PRESS RELEASE

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DUNELAND FAMILY YMCA ZUMBA-THON TO BENEFIT STRONG KIDS CAMPAIGN

CHESTERTON, IN – The Duneland Family YMCA, 215 Roosevelt Street, Chesterton, will host its annual Zumba-thon from 6:00-9:00 PM on Friday, May 15th. Zumba is an exciting group exercise program combining the elements of aerobics and dance. Proceeds from Zumba-thon will be used to ensure that the many important programs offered by the YMCA continue to be available to families from the greater Duneland community who need them – regardless of their ability to pay.

Zumba-thon will offer participants dancing, fun, music, refreshments, a raffle and more in exchange for a \$5 donation to the Duneland Family YMCA.

The YMCA offers kids and families the chance to make positive choices: Quality child care opportunities mean parents can work to improve their quality of life; youth sports programs give kids the chance to belong to a team devoted to making a positive difference; and healthy lifestyle programs give everyone in the family the chance to lead healthier, more productive lives.

Last year the Duneland YMCA Strong Kids Campaign raised enough money to allow many kids and families to participate in the YMCA Childcare, After School Care and Summer School programs. This year, the achieved goals of the campaign will allow even more assistance to those in need in the Duneland Community.

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